

# SPRINGFIELD HS HOCKEY

## 2019-2020 Team Rules

1. As members of the Springfield High School Ice Hockey program, we will conduct ourselves on and off the ice with integrity and honor, in such a way as to reflect positively on our school, parents, alumni, coaches and teammates.
2. We will treat our opponents, referees, coaches and teammates with respect. Unacceptable behaviors include:
  - a. Using inappropriate language
  - b. Taunting our opponent
  - c. Talking to referees. Only the captains should interact with officials during game play
  - d. Talking back to a coach, disrespectfully questioning a decision in the game
  - e. Disrespecting a teammate, complaining about a play

Consequences are progressive and will be administered by the coaching staff, including missing a shift, multiple shifts, period, game.

More serious offenses including bullying and fighting will result in multiple game suspension.

3. Our success on the ice depends on having full participation, thus all practices and games are mandatory. Players are expected to manage their responsibilities, e.g. schoolwork, work and family obligations, etc. effectively. If you have an unavoidable schedule conflict with a game or practice, you must notify the head coach at least 72 hours before the practice or game or the absence will be unexcused. Unless there are extenuating circumstances, this notification should be from the player to the coach.

For emergent issues such as sickness or injury, the head coach must be notified prior to the practice or game. Again, unless there are extenuating circumstances, this notification should be from the player to the coach via phone call. Failure to do so will result in the absence being unexcused.

More than one absence due to sickness without a corresponding absence from school shall be considered an unexcused absence.

The first unexcused absence will result in the player missing the first period of the next game.

Subsequent unexcused absences will result in missing the next scheduled game.

Exception:

- Each player will have one “school pass”, which can be used in the event a player has an emergent issue with schoolwork such as a test or project due. Players requesting a school pass must contact the head coach by phone prior to practice.

4. Players must comply with all participation rules of the school district, including but limited to:
  - a. Attendance, e.g. players must attend school the day of a game
  - b. Drug & Alcohol Policy
  - c. Academic Eligibility

5. In order to participate in practice or game, players must have full equipment including appropriate jerseys, shell and socks. Not having full equipment for practice will result in the

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entire team doing extra sprints at that practice. Not having full equipment for a game will likely mean not playing in that game unless other accommodations can be made.

6. Players should be in the locker room 1-hour prior to each game for warm-up as a team. If you are running late, contact one of the coaches. Players must be dressed 10-15 minutes before each game. Failure to do so may result in loss of ice time, e.g. sitting first shift. Any player who leaves a game in response to a coaching decision will be suspended.
7. Effective communication between players, coaches and parents is very important. If issues arise, they should be communicated to the head coach so they can be addressed promptly. This initial communication should come from the player, with subsequent communication between parents and coach as necessary. If the issue relates to something that happened in a game, e.g. playing time, wait at least 24 hours before raising the issue with the head coach.
8. The use of social media is prohibited during all SHS Ice Hockey practices or games. The use of Snapchat, Instagram, Facebook, Twitter and any other social streaming network is strictly prohibited. This includes no photos or videos from the locker room at practices or games. Furthermore, Springfield Ice Hockey is not to be used or associated with any social media posts without authorization. Any violation will result in team and possibly school sanctions.

I acknowledge and agree to the above team rules and consequences.

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Player Name (printed)

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Player Signature

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Parent Name (printed)

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Parent Signature